

Daily Word



A UNITY PUBLICATION
SEPTEMBER 1955

DAILY WORD

Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind



ILLUMINATION (11 a.m.): In His name, the light of Spirit illumines and inspires me. I am divinely guided in all that I do.



PROSPERITY (12 noon): In His name, I consciously function in divine substance, and the riches of the Holy Spirit are poured out into all my affairs.



HEALING (9 p.m.): In His name, I claim the healing power of the Holy Spirit and I am made whole. God is my unfailing health.

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DAILY WORD

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DAILY LESSONS FOR SEPTEMBER

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The Genius of Perseverance

MARTHA SMOCK



IF WE ever wonder about our ability to persevere, we need only to watch an infant who is ready to walk. He stands and falls and stands and falls again and again, until at last he achieves a fair sense of equilibrium. Then he makes the supreme effort to put one foot forward. Again, it is a battle of balance. But the baby perseveres; to stand and to walk becomes his chief waking effort, until the day comes when he takes a step or two on his own and unsupported. Parents feel immensely proud of these first steps. Think how the baby must feel!

We do not remember how we felt when we took our first steps, but it is part of our unconscious memory. In our first years of life we were conquerors!

If ever we feel that we lack the quality of perseverance, if we feel like giving up, let us remem-

ber how many things we have done in our life-time that seemed difficult or impossible, beginning with our first baby steps.

Someone has defined genius as perseverance in disguise. Each of us has the potentiality of genius. The degree to which we express it depends on our perseverance.

Jacob, when he wrestled all night with the angel, said to the angel, "I will not let thee go, except thou bless me." There is something here that bears thinking about. Most of us, when we are wrestling with some problem, think only of winning out over it; we do not go a step farther, as Jacob did, and demand a blessing from the situation we are struggling with.

But to struggle for the sake of winning out brings an empty victory. Our opponent disappears, the problem is solved, the need is met, but we are left empty and exhausted. The baby does not struggle only to stand on his feet or to take a few steps; he struggles to stand erect and to take his place as a man in God's world. This is his blessing—not just the achievement of balance, but the achievement of the power to live, to move, and to act as an independent, free human being.

Sometimes we have something to meet that demands our unrelenting effort, that will not let go its hold on us, and that we cannot let go of. We

may be in an untenable environment, we may be in a job that is not to our liking, we may be in some human involvement that distresses us. We say to ourselves: "I must see this thing through. I must work out this problem." Our thought, our hope is to get rid of the problem, to be free. Here is where we have to think beyond the situation to the blessing. We have to tell ourselves, "There is some blessing here for me, there is something for me to learn, there is some way in which I am growing through this experience." We need to say to the things in our lives that seem to bind us. "I will not let you go, except you bless me." When we demand a blessing from even an inharmonious situation, we find it, and in finding the blessing we find our release and freedom.

There is something in every one of us that says to us: "Do not give up. Do not let go." This spirit is inherent in us; it came with us from God. It is the spirit of life and progress; it is the spirit of growth and fulfillment. Even when our human thought tells us that we are defeated, that life is not worth the effort, a small voice in us bids us to keep on keeping on. It is like the silent voice of growth within the baby that forces him to try again and again. He responds because of the persistence of this voice in him; we, too, respond because of the persistence of the voice of Truth

within us. We cannot let it go; it will not let us go. It always calls us forward, it always calls us higher, it always says: "Here is the way of growth, here is the way of progress. Follow me."

Someone has defined success as "the sum of small efforts, repeated day in and day out." So the great things we long to do may seem far beyond us, but the little day-by-day efforts are not beyond us. Step by step, day by day, we keep on keeping on. But we do more than just the things that are demanded of us. We look for Truth in the everyday experiences of life; we look for the blessings in all the little experiences that come to us. We say to even the smallest effort demanded of us, "I will and I can." We say to the condition that seems to cling to us; "You do not have me bound. It is I who hold you, and I will not let you go until you bless me." If we try this for ourselves, we shall discover that it is a wonderful way of freeing ourselves and that the freedom which comes to us is a blessed one. We let our problems and seeming difficulties go one by one, as we find the blessing in them, and we say in astonishment, as Jacob did, "I have seen God face to face, and my life is preserved." For we will come to see how true it is that God is in all, that good is in all, that there is a blessing for us in everything in our lives, every step along the way.

Can Little Children Learn to Pray?

WE DO not have to teach a child to have faith; it is inherent in him. What we do is to nurture and to encourage the expression of this faith in ways that he can understand, at the level of his growth. The smallest child can learn and love simple little prayers of faith and trust. We may wonder whether he understands the words he has learned to say after us. But if we are observant we will see how these words begin to take on meaning to him, how the ideas become part of his consciousness. Children understand the feeling of prayer long before they understand the meaning of the words they say.

Children learn about prayer, about faith, about God, about life from watching and listening to the adults around them. Our own unconscious attitude toward life is teaching the child in our midst more surely than anything he is told by us or by others. If we believe in God and in His goodness, we are unconsciously teaching faith to our child. If we are loving, patient, understanding in our attitudes and actions, we are unconsciously teaching our child the truth that God is love, for he sees and feels love in expression.

Sometimes it is a question as to who is the greater teacher, the child or the adult. For the

child who looks to us with unquestioning trust, who imitates us as closely as possible, who says our words after us, who smiles because we smile, who is happy because we are happy, who has faith in God because we have faith in Him calls to the best in us. The child who loves us brings us a new picture of ourselves. The child who looks to us as infinite in wisdom reminds us of the One who is infinite; he turns us back to the source of our being, God the Father.

The Prayer of Faith

God is my help in every need;
 God does my every hunger feed;
 God walks beside me, guide my way
 Through every moment of the day

I now am wise, I now am true,
 Patient, kind, and loving, too.
 All things I am, can do, and be,
 Through Christ, the Truth that is in me.

God is my health, I can't be sick;
 God is my strength, unfailing, quick;
 God is my all, I know no fear,
 Since God and love and Truth are here.

—Hannah More Kohaus



Dear Friends ...

The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From Missouri:

My introduction to Unity and to *Lessons in Truth* was not under ideal circumstances. I went to a Unity center in order to accompany a young woman who had recently been released from a psychopathic hospital, where she had been sent to recover from chronic melancholia. My sister, who was interested in Unity, thought that the class in *Lessons in Truth* would assist the young wom-

an in finding and keeping her emotional balance. It was my sister who insisted that I should invite the young woman to go with me!

I went, resisting the whole idea. To my amazement, the first thing I learned was that I was, and would be, completely free to believe or to disbelieve any statement made in the book. The only requirement was that I lay aside those statements with which I did not agree and refrain, for the time being, from argument about them. My resistance began to wilt under such an approach.

The first realization of the impact of *Lessons in Truth* on my life and thought came one night when I was faced with the necessity of changing trains in the country. The stations were a mile apart. I had planned to stay at the little country hotel in the town where I arrived and to go by taxi to the other station in the morning. But when I arrived the hotel was dark, and the whole community was asleep. There was not a light in sight, and it was getting cold.

Taking my overnight case in one hand and my now burned-out flashlight in the other, I started down the long, dark hill. As I walked, I wondered: "Why am I not afraid? A sensible person might well be frightened." Yet I did not feel afraid. I pondered as I walked. In all honesty, I had to admit to myself, "That little book has

made the difference." Through thinking along with the wonderful author of *Lessons in Truth*, I had lost the fear of night and aloneness in this strange place. I had gained a feeling that God not only knew all about me, but that God was the only presence and the only power within and around me, and there was nothing to fear.

Somehow, that experience made an impression on me, and I began to study *Lessons in Truth* earnestly.

Did the young woman with whom I attended that first *Lessons in Truth* class gain as much as I did? Our paths have never crossed since, but something in my heart assures me that she received all the help to which she was open and receptive; for did I not receive, though I approached the whole matter with a feeling of antagonism and stiff resistance?

I still have my first copy of *Lessons in Truth*. It is limp from many openings and closings, and the title on the binding can scarcely be read. All the margins and the leaves at the front and back of the book are filled with notes. It is a history of the teachers with whom I have studied this, the fundamental textbook of Unity. I have bought and read and given away many copies of *Lessons in Truth* in the intervening years, but I would not give away the book through which I learned not

only the vocabulary of Unity and the letter of the law, as it were, but also the feeling of Unity, which only a great soul like H. Emilie Cady could put into a written statement.

From B.W.I.:

DAILY WORD has done so much to me and for me that I have classed it as daily food; I am a mechanic by trade and on many occasions I have faced jobs that I have not been taught or had the slightest idea of. My words are: "There is nothing impossible with God. There is nothing that is made that God did not make. God is with me; therefore, my job is already fine and properly fine." Do you know that with these words I have gained a reputation that is unbeatable in my class? I must give plenty of thanks for the light I have received through DAILY WORD.

From Colorado:

I would miss DAILY WORD more than any friend. I start my day with a lesson and prayers.

I send DAILY WORD to many friends wherever I find a need. One friend said, "If you never do another good deed, you should receive a rich reward for sending me DAILY WORD."

From West Germany:

My friend rang me up today to let me know

how very happy she was with the birthday present of DAILY WORD. I had passed her my DAILY WORD for years at the end of each month, but now she is happy to read it with us all—you and me—at the same time. It gives such a feeling of strength and power to be linked up with so many people all over the world, sending abroad love. I feel closely united with Silent Unity, and DAILY WORD is my constant companion from morning to night.

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph or telephone at BALtimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

SEPTEMBER 1

Thursday

I GIVE THANKS THAT THE NEED FOR INSPIRED
TEACHERS IS MET.

As we begin the month of September, let us think especially of teachers and give them our prayers and blessings.

No work calls for more intelligence, for more lovingkindness, for more understanding than teaching. We pray that teachers everywhere may be filled with a new spirit of joy in their chosen work, that they may have a new spirit of devotion to the needs of the student. We give thanks for teachers with vision, for teachers who see and comprehend and capably meet the demands of growing minds and active bodies. We give thanks for teachers who see their students as children of God, who inspire the hearts and lift the spirits of these students.

We pray, too, for new teachers to come forth where they are needed. We give thanks that under God's law of supply and demand the need for capable, efficient, spiritually minded teachers is being met. And we pray that every teacher may be abundantly compensated for this work.

* *He that soweth bountifully shall reap also bountifully.*
—II COR. 9:6.

Friday

SEPTEMBER 2

"GOD IS OUR REFUGE AND STRENGTH,
A VERY PRESENT HELP IN TROUBLE."

"When other helpers fail, and comforts flee,
Help of the helpless, oh, abide with me!"

GOD IS your refuge and strength; He is with you now, a very present help.

God does abide with you, and there is no trouble from which He cannot bring relief, healing, comfort. The very circumstance that may seem severe is a blessing, for it turns you to the only answer to your need—God. When you turn completely to God rather than to limited sources of help, you are on the road to recovery. The important thing is not that you have a problem, but that with God's help you can solve it.

The prodigal son said, "I will arise and go to my father," when he had reached the limits of his endurance, and at his returning his father ran to meet him.

In your need you have only to turn within to your Father, the source of your being, and you will find, like the prodigal son, that your Father is there to meet you, to bless you.

* *A very present help in trouble.—PSALMS 46:1.*

Saturday

I PERSIST IN BEHOLDING ONLY THAT WHICH IS GOOD, TRUE, AND LOVELY IN OTHERS.

HOW CAN I cope with negative attitudes and actions on the part of those whose lives touch mine? First of all, I need to realize that if what others say and do unduly disturbs me it is an indication that there is yet much inner work I need to do.

I need to know that God's wise, loving, guiding Spirit is fully active in all persons. I need to remind myself that even as God has brought me into a fuller comprehension of Truth, so is He bringing all His other children into the light.

The ladder of Truth has rungs for all God's children. When I know this, then I cease to be disturbed when others fail to live or to act in the way I think they should.

My part is to behold only the good, true, and lovely in others. As I persist in beholding the good, I help to quicken and to bring it forth.

I rejoice in the realization that God is fully active in each life. He blesses, He guides, He lifts up.

• *Whatsoever things are true . . . whatsoever things are lovely . . . think on these things.—PHIL. 4:8.*

I DO NOT FORCE MY PERSONAL WILL IN ANY SITUATION CONFRONTING ME. I LET GOD IN ME WORK OUT EVERYTHING IN HIS OWN BEAUTIFUL WAY.

I DO not ever try to force my will on any other person or in any situation confronting me. I remember always that there is a will higher than mine, and in all matters that come to my attention, I seek to let God's will be done.

Where my dear ones are concerned, I do not try to force them into paths that I think they should take. Rather, I release them to the Christ in them and trust Him to guide them.

In all my prayers I do not allow myself to become too specific in the manner of their outworking. I do not say, "I want my prayers to be answered in just this way, or in just that way." Instead, I pray: "Father, this is what I would like to have, and I know that Your love wills me to have all good. I trust You to work this out in Your own beautiful way. Thy beautiful will be done."

¶ *My teaching is not mine, but his that sent me. If any man willeth to do his will, he shall know of the teaching.—JOHN 7:16, 17.*

SEPTEMBER 5

Monday

GOD BLESS ALL THOSE WHO SERVE WITH LOVE.

GOD bless all those who labor with their hands,
Who tend the loom and cultivate the sod;
Merchants and miners, cobblers, cooks, and all
Whose hands, by proxy, are the hands of God.
And bless all those who labor with the mind:
Who, from the wells of beauty, have drawn up
Wine for man's thirst, and at the springs of life
Share with their brothers cup on brimming cup.

But most of all, bless those who serve with love!
No matter if the task be great or small,
A gay adventure or a dull routine,
A kindness done to one or meant for all!
Head, heart, and hands—all three are instruments
Of Him who made the world and found it good,
And all are blest, but doubly blest is he
Who serves with love in conscious brotherhood.

—R. H. Grenville.

* *Thou hast blessed the work of his hands, and his substance is increased in the land.—JOB 1:10.*

Tuesday

SEPTEMBER 6

GOD NEEDS ME JUST WHERE I AM TODAY.

JUST where thou art, shine forth and glow." God is as near to me where I am today as He would be in any other place in the world. He needs me to be an open channel for His light, love, and wisdom.

Do I feel that I would rather be in some other place. Do I think that I would be happier in some other environment? Do I think that I would be more important to the world in some other job?

"Serve thou the Lord with perfect heart,
Not somewhere else, but where thou art."

God needs me right where I am, or else I would not be here. This is my place; this is where I can serve God and His children with a perfect, willing, loving heart.

By learning to serve God where I am today, I prepare myself for whatever lies ahead. I know that there is always progress; I know that there is greater good in store for me.

But just where I am today, I will remember that God is with me, that He needs me, that I can serve Him.

• *The place whereton thou standest is holy ground.*
—EXOD. 3:5.

SEPTEMBER 7

Wednesday

MY FAITH IS CENTERED IN GOD'S HEALING POWER. I EXPRESS HIS PERFECT LIFE, HEALTH, AND WHOLENESS.

As you read these words, know that you are not alone, for the faith, love, and prayers of Silent Unity are with you. We are praying especially this day that God's healing power may express itself in and through you as perfect health and strength. We know that the indwelling Spirit of God is the source of your life and health. We give thanks that through Him you are this day renewed, blessed, strengthened, and made perfect.

Steadfastly keep your faith centered in God's healing power. Release all thought of worry or concern and give yourself into God's care. Know that you are His child, that your life and well-being are His loving concern. In Him you live and move and have your being. His restoring, vitalizing life now permeates your mind, body, and emotions.

Silent Unity rejoices that you are this day a perfect channel for the expression of God's life.

• *Thou shalt also decree a thing, and it shall be established unto thee.*—JOB 22:28.

Thursday

I "LET PATIENCE HAVE ITS PERFECT WORK" IN ME, AND MY ACCOMPLISHMENT IS ASSURED.

TN ORDER to deepen and to widen my outlook, to acquire mastery over some condition, to gain skill in some field, I need to "let patience have *its* perfect work." The power of patience is limitless. The works of patience are wonderful.

I affirm that through God in me I have the power to be patient at all times. I do not allow impatience to enter my consciousness. I am undismayed by obstacles and disappointments, for my patience keeps me constant in application and effort.

No matter what task is given me to do, no matter what task I set for myself, I know that my patience will bring forth fruit, for I am never working alone. I need never depend solely on my own powers for accomplishment. In every undertaking God is with me. His power constantly flows to me and through me to help me to accomplish, to prosper, and to enlarge my world.

• *Let patience have its perfect work, that ye may be perfect and entire, lacking in nothing.*—JAMES 1:4.

SEPTEMBER 9

Friday

IN ALL MY DEALINGS WITH OTHERS I GO THE SECOND MILE AND GIVE A PORTION OF MYSELF.

IN my dealings with others I do not do just what is required of me, but I always go the second mile and do a little bit more. I let the spirit of kindness ever prompt me to extend that graciousness to others which is beyond the call of duty. Instead of just saying hello to another in a casual manner, I add a smile to the greeting, and I follow it with a silent blessing. Instead of taking my dear ones for granted with only an occasional mumbled thank you for their goodness, I remember to take time to express my gratitude more fully, with a bit of my heart in it. In my daily work I do not become so preoccupied that I forget to be thoughtfully aware of those about me, and I never become so lost in my own circle of friends that I forget to give a portion of myself to those lonely ones who stand apart. In all my dealings with others I constantly endeavor to do and to say everything in the kindest and most beautiful way.

* *And whosoever shall compel thee to go one mile, go with him two.—MATT. 5:41.*

Saturday

SEPTEMBER 10

THE LOVING, SUSTAINING PRESENCE OF CHRIST INFOLDS ME, AND I AM UPLIFTED, STRENGTHENED, AND COMFORTED.

BY TURNING to the Christ within we can find peace and comfort. The knowledge that we are infolded in His love, that He is with us at all times can be a sustaining source of strength.

According to the measure of our need we can experience the Christ presence and love in our lives. Through prayer we find the peace that passes understanding and the assurance that we are never alone, that we never have to meet anything without His help. As we are sustained and comforted by His presence, we find the meaning of the love that knows no separation, the love that spans all time and space, the love that helps us to realize that we are all eternally one in Christ.

In the quiet place within, which we enter when we open our hearts to the Christ love and presence, we are lifted up. We are divinely comforted. We have the strength to meet all things.

*In the multitude of my thoughts within me
Thy comforts delight my soul.*

—PSALMS 94:19.

THE LIGHT OF GOD SURROUNDS US;
 THE LOVE OF GOD INFOLDS US;
 THE POWER OF GOD PROTECTS US;
 THE PRESENCE OF GOD WATCHES OVER US;
 WHEREVER WE ARE, GOD IS.

“WHITHER shall I go from thy Spirit?
 Or whither shall I flee from thy presence?

If I ascend up into heaven, thou art there:
 If I make my bed in Sheol, behold, thou art there.
 If I take the wings of the morning,
 And dwell in the uttermost parts of the sea;
 Even there shall thy hand lead me,
 And thy right hand shall hold me.
 If I say, Surely the darkness shall overwhelm me,
 And the light about me shall be night;
 Even the darkness hideth not from thee,
 But the night shineth as the day:
 The darkness and the light are both alike *to thee....*

How precious also are thy thoughts unto me,
 O God!
 How great is the sum of them!”

• Such knowledge is too wonderful for me.—PSALMS
 139:6.

A decorative horizontal border at the top of the page. It features a central bird perched on a branch, surrounded by delicate floral sprigs and leaves. The border is contained within a dark rectangular frame.

Evensong

R. H. GRENVILLE

Grateful for another day
Of simple good, the sparrows throng
In cheery little choirs to sing
Their twittering hymns of evensong.

And I, to whom the day was good,
Rich with love and amply blest,
Lift my heart in paeans of praise
To Him in whom the planets rest.

Serene, at peace with all that is,
Freed by His love from all that harms,
In childlike trust I fall asleep,
Safe in the everlasting arms.



Monday

SEPTEMBER 12

I AM A CHILD OF GOD. THROUGH HIS POWER I LEARN EASILY AND ADAPT MYSELF QUICKLY TO NEW SURROUNDINGS AND NEW EXPERIENCES.

THIS is the time of year for new beginnings for most young people. Those who are going away to school, as well as the very young who are attending school for the first time, have adjustments to make. The school child is called on in many instances to adapt himself to new surroundings, to new teachers, to new classmates. He is expected to make the transition from vacation time to schooltime quickly and harmoniously.

As we think about the schools, the teachers, the students, the parents, we can give them our blessing. We can know that God is working in and through them, that He is the source of their help, guidance, and understanding.

Let us affirm for all those who are learning and growing, including ourselves: "We are children of God. Through His power we learn easily and adapt ourselves quickly to new surroundings and new experiences."

♦ *Walk as children of light.—EPH. 5:8.*

I AM A NEW CREATURE IN CHRIST.

O LOVING Christ, I turn to You in worship and in wonder.

Here is my mind, O Christ. I dedicate my every thought to You. Let Your light shine into every part of my being; erase every unlovely thought; transform every downcast emotion; renew my spirit, lift up my soul.

Here is my life, O Christ. I would lose it for Your sake and find it in Your love. I now let go of old ways of thinking and living; I now rise up and follow You in the paths of Truth.

In Your presence I am made new, I begin again, I set my feet on a new and happy path. I walk with You.

This is my prayer, O Christ. Fill me to overflowing with Your radiant life, with Your boundless love, with Your never-ending joy. Reveal Yourself to me through the thoughts of my mind; through the feelings of my heart, through the quickening of my spirit. Be with me through every day and night a light, a guide, a way-shower, a presence, and a power.

* *Wherefore if any man is in Christ, he is a new creature: the old things are passed away.—II COR. 5:17.*

Wednesday

SEPTEMBER 14

DIVINE LOVE CLEANSES, SOOTHES, COMFORTS,
AND HEALS ME.

LOVE is the greatest healing power there is, and love is God. No healing is complete without love.

I open my mind and heart to love—love for my dear ones, love for my neighbors, love for all other persons in the world. I affirm that I am God's child, that His love is in my heart. I know that as He loves me with an unchanging love, so I can love all His other children, for we are all one in His love.

With my mind and heart filled with love, I think of God as life. I am relaxed and at peace. I feel God's life flowing freely through my body. All tension is released. I feel rested and restored. God's love soothes and harmonizes my mind and brings peace and healing to my body. I draw deeply from His reservoir of life, love, and power.

I relax, I trust God, I remind myself that I am His beloved child. I claim His life as my own.

Divine love fills my mind and heart, and divine life flows freely through my body. I am cleansed, soothed, comforted, and healed.

* *God is love.—I JOHN 4:8.*

SEPTEMBER 15

Thursday

I DEPEND ON GOD'S JUDGMENT, AND MY AFFAIRS ARE SETTLED JUSTLY AND IN DIVINE ORDER.

WHEN I feel that I am not being treated justly, I look beyond the appearance in my affairs to the unseen source of all good—God. God is the fount of divine justice; His law is the law of divine balance and order.

No person can keep my good from me, for my good comes to me from God. I do not limit my good to any human source. I do not limit my justice to man-made laws.

When I trust the divine law of justice, it is not possible for me to be treated unjustly. When I depend on God's judgment I can be sure that my good will come to me.

I do not ask for my good alone. I know that the law of divine justice which brings my good to me will also bring good to all others, for God's love is impartial and just. I depend on God's justice and judgment, and all my affairs are settled justly and in divine order.

*For thou hast maintained my right and my cause;
Thou sittest in the throne judging righteously.*

—PSALMS 9:4.

Friday

SEPTEMBER 16

TRUSTING GOD IN ALL THINGS, I FIND SECURITY IN THE REALIZATION THAT MY GOOD IS CONSTANT AND ENDURING.

IF YOU are having to meet some change in your life and feel uneasy or indecisive, you can gain a sense of peace and security by realizing that God is in control of your life and affairs. Remind yourself again and again that God is with you through every experience, that His love for you is unfailing, that His good is constant and enduring.

Your security is in God. It is not dependent on a particular job or salary; it is not to be found only in a particular location. Wherever you are, whatever the circumstances of your life, the source of your good is with you. When you realize this you will trust all things to Him; you will know that your good endures through every change in condition or circumstances.

You build up a consciousness of security by abiding close to God in thought and spirit, by constantly affirming your oneness with Him and with His unchanging good.

• *Casting all your anxiety upon him, because he careth for you.—I PET. 5:7.*

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SEPTEMBER 17

Saturday

TODAY I CHOOSE TO FOLLOW THE CHRIST WAY OF LIFE AND TRUTH, AND I AM COMPLETELY FREE.

HOW PRECIOUS is freedom! It is one of our most cherished possessions. What a thrill we feel when we speak those glorious words, "I am free!" As a part of our divine inheritance, we have been given freedom, freedom to choose our path in life, freedom to learn and grow. But it is when we choose the Christ way of love and forgiveness that we are truly free.

Let us rejoice in the knowledge that no matter what our circumstances appear to be, no matter how negative the conditions that surround us seem to be, we are always free—free to turn to the Christ within us for the answers to our problems. When we turn to Christ, we are given the wisdom, the power, and the love that sets us free from all worry and fear, from burdens of every kind. The Spirit within us reveals to us that the Christ way is the freedom way.

Today I choose to follow the Christ way of life and truth, and I am completely free!

* *If therefore the Son shall make you free, ye shall be free indeed.—JOHN 8:36.*

TODAY I DECLARE PEACE TO ALL THE WORLD.

THE GREATEST contribution that I can make to world peace is the establishment of peace in my own heart, in my own life, in my own world. When I have done this I shall have brought world-wide peace a step closer to realization.

I realize that world peace is my responsibility. World peace begins with me, with the establishment of peace in my own life. So today I issue a silent declaration of peace to all the world—to myself, to members of my family, to my friends, neighbors, fellow workers, and fellow citizens, to members of other religions, groups, and nations.

I resolve to turn away from thoughts and acts of war—distrust, greed, faultfinding, and hate. I resolve to fill every day with thoughts and acts of peace—faith, unselfishness, forgiveness, and love.

Today I declare peace to all the world. I rejoice in the knowledge that the Spirit of God, which has led me to this decision, is at work in the heart of every person in the world.

¶ *So then let us follow after things which make for peace, and things whereby we may edify one another.*
—ROM. 14:19.

TODAY I TAKE COMMAND OF MY LIFE AND AFFAIRS.

I AM no longer the victim of conditions or circumstances. I declare my freedom from fear, worry, and indecision. Nothing can shake my faith in the overcoming power of Christ, the Spirit of God within me. Calmly and confidently, I move through this day's activities, knowing that the unconquerable Spirit of God within makes me the master of every situation.

Today I take command of my life and affairs. I determine my goals in life, the objectives I want to reach, and then I joyfully set out to achieve them.

I discipline my thinking. I resolutely turn away from all negative beliefs. I direct my thoughts and my energies into positive channels only. Through Christ I am the master of my thinking and action; I am the master of my life.

The Spirit of God gives me the wisdom to solve every problem, the power to accomplish every task, the love to erase every inharmony. In this assurance I take command of my life and affairs.

● *For God gave us not a spirit of fearfulness; but of power and love and discipline.—II TIM. 1:7.*

I ACCOMPLISH THAT WHICH IS BEFORE ME TO DO NOW.

IT IS easy to become so engrossed in visions of the future that we neglect the duties and opportunities we have before us right now. Our present work often seems routine and humdrum, compared with the dreams our wishful thinking is likely to create. However, before we can be successful in accomplishing great works we must achieve mastery over the so-called little things of life. The best guarantee of a big job is a successful record in a smaller one.

The surest way to make our work successful and rewarding is to put our whole selves into it—spirit, soul, and body. When we concentrate our thinking, our faith, our enthusiasm, our energies on a task, it is amazing how much we can do and how easily it is done. Our abilities grow only as we use them, and the future must stand on the foundations we are building right now.

Today I concentrate on the work at hand. I accomplish that which is before me to do now.

* His lord said unto him, Well done, good and faithful servant: thou hast been faithful over a few things, I will set thee over many things.—MATT. 25:23.

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SEPTEMBER 21

Wednesday

THE LORD IS MY HEALER. HE RESTORES HEALTH TO MY MIND AND BODY.

WHEN I have a need for healing I do not give way to fear or discouragement. I turn in faith to God, the source of all health, and call on His healing, life-giving power to do its work in and through me.

I know that my faith is the open door through which God pours His healing life into my mind and body. I know that my faith is sustained and increased through prayer. I declare my faith through prayer until I am able to yield my mind, my heart, and my body to be healed.

"The Lord is my healer. He restores health to my mind and body." I affirm these words until their meaning becomes clear to me. I realize that this is the truth. I relax all tension. I let go of all belief in sickness and put my trust in God. His peace fills my mind, and His life floods my being with comfort, health, and strength.

I acknowledge God as my healer, and He restores health to my mind and body.

• *For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD.—JER. 30:17 (A.V.).*

Thursday

SEPTEMBER 22

I RESPOND TO LIFE WITH ENTHUSIASM, AND I AM BLESSED ON EVERY HAND WITH HAPPINESS, SUCCESS, AND TRUE ACHIEVEMENT.

AN enthusiastic attitude is indispensable to a full, rich, and happy life. The person who responds enthusiastically to life, to other persons, and to situations seems to be impervious to every obstacle to successful living. All doors to happiness, success, and true achievement seem to open to him.

Whatsoever I do, I will do it heartily. I will release the creative power of Spirit in me. I will let God's Spirit in me radiate through me as joy and enthusiasm. Everything I touch will be brightened and made new. I will discover more and more beautiful things in life; I will discover more of interest and worth in my work and in other persons as I stir up an enthusiastic spirit. As I continue to respond with enthusiasm, my life will be enriched, and I will be blessed on every hand.

● *Whatsoever ye do, work heartily, as unto the Lord, and not unto men; knowing that from the Lord ye shall receive the recompense of the inheritance: ye serve the Lord Christ.—COL. 3:23, 24.*

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S E P T E M B E R 23

Friday

THE SPIRIT OF CHRIST IN ME HAS THE PERFECT FAITH AND UNDERSTANDING NECESSARY TO MOVE EVERY MOUNTAIN IN MY LIFE. I TRUST THIS SPIRIT.

DEAR FRIEND, if there is some situation in your life that is causing you alarm and that seems too difficult for you to handle with your present faith and understanding, here is heartening, good news for you. There is a Spirit within you that does have sufficient faith and understanding to solve this entire matter in a beautiful way. The Christ in you has all the faith and understanding necessary to heal any condition confronting you. You do not have to know all the techniques of mental healing before you can get results; you simply have to realize that within you is the Presence that knows how to set everything in order.

God knows how to heal your body and affairs; and as you turn to Him and place everything in His care, He will impart of His faith and understanding to you. Nothing shall be impossible to you, for His invincible power will be working through you.

• *The battle is not yours, but God's.—II CHRON. 20:15.*

Saturday

SEPTEMBER 24

"BE STILL, AND KNOW THAT I AM GOD."

FATHER, I come to You in silent prayer. I will be still—still in my body, still in my thoughts. I know that You love me. You created me; You are sustaining me. No longer do I feel separated from You; no longer do I feel alone or unloved. Your love is cherishing me, for I am Your child.

I turn to You, my loving parent, for all that I need. I ask You trustingly and, like a child, I am not doubtful or afraid; I know that You will supply me without fail. I do not question, I do not worry, for I know that You love me unceasingly. I know that You have only good for me, for Your will is only good.

Completely at peace, I am still, knowing the deep inner rest that is the assurance of answered prayer. I listen for Your "still small voice." I know that Your guidance comes as quiet assurance deep within me.

From the peace of this quiet time of stillness with You, Father, I go about the day's activities, knowing that Your loving, guiding presence is with me.

• *Be still, and know that I am God.—PSALMS 46:10.*

SEPTEMBER 25

Sunday

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I AM BELOVED OF GOD, WORTHY OF THE FULFILLMENT OF EVERY GOOD AND RIGHT DESIRE OF MY HEART.

DO YOU HAVE such a disparaging opinion of yourself that you never feel worthy of the blessings that your heart yearns for? Actually, you are worthy of the highest aspirations you entertain. But you must accept and feel your worth as a beloved child of God.

When feelings of unworthiness rise up in you, remind yourself that God's blessings are accessible to you. When memories of the past make you feel unworthy, say as Paul did, "Forgetting the things which are behind, and stretching forward to those which are before, I press on toward . . . the high calling of God in Christ Jesus." Meditate on these ideas in the silence of prayer. Rejoice in the realization that God has endowed you with the capabilities you need to meet life successfully and to add something of value to the world in which you live.

As God's beloved child you are worthy and deserving of the blessings you desire. Believe this, and act and live as though you believe it!

* *Beloved, now are we children of God.—I JOHN 3:2.*

I WILL KEEP MY EYE SINGLE TO TRUTH.

I DO NOT accept inharmony in my life. I keep my eye single to the truth that God is in all persons and all situations. God's understanding is my understanding. His love is my love.

I do not accept lack in my affairs. I keep my eye single to the truth that God is the true source of all supply. God's substance is my substance. His ideas are my ideas.

I do not accept weakness, inefficiency, or imperfection in my body, I keep my eye single to the truth that God is the health of my body. God's life is my life. His strength is my strength.

Today and every day I will live in the bright and beautiful world that God made. I will see all relationships as God sees them. I will see my affairs as God sees them. I will see my body as God sees it. In all of life I will see God as the one presence and one power, ever loving, ever sustaining, ever near.

My heart and mind are illumined by the light of Truth and the way before me is clear.

• *The lamp of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.*
—MATT. 6:22.

SEPTEMBER 27

Tuesday

I CHOOSE "THE GOOD PART" OF EVERY EXPERIENCE.

IF EVER we find ourselves so burdened with the details of daily living that we feel strained, and anxious and critical of those who do not seem to help us or to appreciate us, let us open our Bible to the tenth chapter of Luke and read verses thirty-eight to forty.

Surely Jesus would say to many of us as He did to Martha: "Thou art anxious and troubled about many things: but one thing is needful." He would remind us to choose, as Mary did, "the good part, which shall not be taken away."

What is "the good part?" It is the spiritual side of life. Everything we do has a spiritual element to it, but sometimes we forget this and think only of the outer. We allow our thought, our time, and our energy to be taken up with relatively unimportant and often unnecessary details. We choose "the good part" when we choose to think beyond the pressing demands of the moment and realize that we are in the presence of God. With our thoughts centered in God, order and harmony are established in our lives.

• *Mary hath chosen the good part.—LUKE 10:42.*

Wednesday

SEPTEMBER 28

THE HEALING CHRIST ABIDES IN ME, AND
NOW IS THE DAY OF MY SALVATION.

I AM NOT discouraged about any situation in my life, for the healing Christ is within me now and is capable of adjusting everything in a beautiful way. Nothing is too complicated for Him. Nothing is so entangled that His love cannot easily bring about perfect order and harmony. There is no condition that cannot be healed. His Spirit fills mind and body with revivifying life.

Christ in me is the victorious, the all-conquering, the all-overcoming Spirit; and whenever I place any situation in His glorious indwelling light, all inharmonious appearances must dissolve in that radiant presence.

I do not feel hopeless about anything. I give my entire self and all my affairs into His healing care—my body, my home, my work, my dear ones, the past, and the future.

I rejoice that now His mighty healing Spirit is at work in every part of my world that now He is setting me free.

• *With men it is impossible, but not with God: for all things are possible with God.*—MARK 10:27.

Thursday

I TRUST, I PRAY, I THINK ARIGHT, AND I HAVE A NEW AWARENESS OF GOD'S PRESENCE AT WORK IN ME AND MY LIFE.

IF A difficult or unhappy situation confronts me, I will let it serve as a reminder to trust the Lord with all my heart. Though I may momentarily lose sight of God's guiding presence, His guarding power, I will remember that God does not lose sight of me, even for one instant.

I will turn to God in prayer. His help is immediate and sure. I place all my faith in God. I trust Him with all my heart. He calms my emotions, He clarifies my thinking, He guides my way.

I will not give undue thought to questioning why an unhappy experience has come to me. There is something for me to learn, something to be gained from every experience. God will reveal to me what this is.

I trust, I pray, I think aright, and my life is transformed. I rejoice that I have a new awareness of God's love, of His unfailing help.

*Trust in Jehovah with all thy heart . . .
In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:5, 6.

Friday

SEPTEMBER 30

I REJOICE IN THE REALIZATION THAT NO MATTER HOW WONDERFUL MY LIFE HAS BEEN, OR IS NOW, WITH EACH NEW DAY THE BEST IS YET TO BE.

LIFE is an eternally unfolding process. In the beginning, God created a perfect plan and pattern for His creation, and with each passing moment a little bit more of this perfection is unfolding. Nothing is retrogressing. Everything is expanding upward, onward, from glory to glory; and, as is always the case with unfoldment, each successive stage of growth is more wonderful than the preceding stage. This is true of myself. Christ is the perfect pattern within me and my soul, my body are unfolding this infinite Christ pattern.

Each new day the Christ in me is expressing a little bit more of its beauty and perfection through every part of my being. My mind is illumined by His wisdom, and my body is radiant with His light. So will it be forever. I rejoice in the realization that the best is yet to be.

* *We all . . . are transformed into the same image from glory to glory, even as from the Lord the Spirit.*
—II COR. 3:18.

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Announcing—

A NEW UNITY GREETING BOOKLET!

Unity is happy to announce a new Unity Greeting Booklet designed especially to help those who are in need of health. With its beautiful four-color cover and its inspiring message it makes a most welcome gift for any one who needs encouragement. The title of the new booklet is *God Is My Health*.

God Is My Health Contains:

"How I Found Health," by Myrtle Fillmore. The true story of how the "Mother of Unity" won through to radiant health from a condition the doctors had termed incurable.

"A Sure Remedy," by Charles Fillmore. A mental treatment guaranteed to cure every ill.

"They Made a Contract with God," by Lowell Fillmore. The story of the original founding of Unity.

Two pages of Charles Fillmore's own affirmations and instructions for using them.

"The Prayer of Faith," by Hannah More Kohaus, a poem that is very widely known and loved. (The title of the booklet is taken from the last stanza of this poem.)

Copies of *God Is My Health* are priced at only 10 cents each or 12 for \$1. Order plenty today.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"The Importance of Dreaming"

It may seem at first glance that an article called "The Importance of Dreaming" would be out of place in a magazine about business. It is not out of place, however, because every corporation, every factory, every individual job is the ultimate result of someone's dream; and you will find great interest in this article about the practical value of dreaming.

"The Importance of Dreaming," by C. R. Cantrell, appears in the September issue of *Good Business* magazine along with many more true-experience articles about how men and women have found success and happiness in the workaday world through using Christian methods and principles. All the material in *Good Business* is factual, practical to apply, and extremely interesting to read. Every person works at some sort of job, and *Good Business* is designed to help anyone make his particular job easier.

Besides articles, *Good Business* includes inspiring poems and special feature departments, and its cover has unusual black-and-white photographs. A full year's subscription to the magazine is priced at \$1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"WHAT'S WELL BEGUN—"

"What's well begun," goes the old maxim, "is half done." A good beginning means a great deal in any task, and it is especially important in the training of children; for psychologists have found that what children learn stays with them throughout their life and can hardly be changed by later instruction. The kind of ideas that you plant now in the fertile soil of your child's mind can mean the difference between success and failure for him in adult life.

Wee Wisdom magazine can help you to give your child the right approach to life. Its fascinating stories show children solving the problems of modern life through the use of Truth principles, and your child is sure to remember and follow the leading of these good examples. *Wee Wisdom* also contains charming poetry, illustrations, prayers, a Bible story, and many feature departments that encourage children to do creative work with their hands and with their minds. Any child will love *Wee Wisdom* and learn from it, and the magazine is priced at only \$2 a year.

The *Unity Sunday-School Leaflet* is another effective aid for those who wish to give children training in Truth. It is priced at \$1 for a year's subscription, which includes a *Leaflet* for each Sunday in the year and helpful monthly "Teachers' Sections."

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"I Was Living with Prosperity And Did Not Know It!"

A friend writes: "During this period of using the Prosperity Bank plan, I had a most interesting experience. I had always thought that to have prosperity one would have to have an increased income, and I sought in every way to bring this about by seeking extra employment. One day, however, I had an idea instead for reducing expenses; and to my amazement it resulted in a big saving. Since then I have given more attention to the little things, and you would be as surprised as I was to note the up-sweep in my financial status. I was living with prosperity and did not know it!"

UNITY SCHOOL OF CHRISTIANITY LEE'S SUMMIT, MISSOURI

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LESSONS IN TRUTH WEEK

SEPTEMBER 12 TO 18

During Lessons in Truth Week, Unity students all over the world study and review *Lessons in Truth*, Unity's fundamental textbook, by H. Emilie Cady. This book can help you to:



Use denials and affirmations

Strengthen your faith

Direct your thinking in constructive channels

Learn to pray more effectively

Gain new light on the Bible teaching

Conquer feelings of timidity or inefficiency

Have better health and greater prosperity

Find the Christ within and thereby attain all
peace, happiness and success

When you join in Lessons in Truth Week, you are participating in a world-wide prayer group, and you cannot fail to benefit. Send for your copy of *Lessons in Truth*, priced at \$1, today. With it you will receive without charge an accompanying booklet entitled *The Lessons in Truth Study Guide*. (If you already have the book, Unity will be happy to send you the booklet free on request.)

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

What Lies Beyond?

JAMES DILLET FREEMAN

Beyond the farthest cape, what lies?
Beyond the islands of surmise,
The shallow waters where we ply
Our lives, beyond the reach of eye
Or even thought, what lies out there?
Sometimes I stand for hours and stare
Out, out beyond imagining.
The waves that break around me bring
Only a sense of more, yet more.
I think there is no farthest shore.
O God, where shall the limits be?
Your pattern is infinity.



